

The Following Clothing and Equipment Will Be Needed For Activities.



outdoor
education centre

Land Activities.

Warm old outdoor Clothing including:

- A warm sweater or fleece
- Strong trousers e.g. tracksuit bottoms
- Jeans are not suitable for outdoor activities**
- Several pairs of socks
- Old runners or sturdy shoes/boots suitable for walking
- Rain jacket

You will need a full set of clothes and shoes for each land activity and a set for traveling home in.

Water Activities.

- Swimming togs
- Towel
- T-shirt
- Sweatshirt/jumper
- Old runners (that you can wear into the water)
- Plastic refuse sack for your wet clothes

You will need a full set of warm clothes and shoes to travel home in.

Please ensure you bring a nourishing packed lunch and drink because you may not have access to a shop.

Shielbaggan strongly advises that participants do not bring mobile phones to Shielbaggan. Mobile phones therefore need to be left at home and Shielbaggan will not be responsible for the loss of your phone no matter what the circumstance.